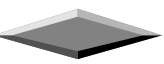



DEPARTMENT OF HEALTH AND HUMAN SERVICES

Division of Mental Health and Substance Use Services

Description of Services

2014 – 2015



I. MHSUS MANAGEMENT

Address: 20 North San Pedro Road, Suite 2021, San Rafael, CA 94903
Mailing -- Same as above
Telephone: 415-473-6769 and 415-473-3030
Hours: 8:30 a.m. - 5:00 p.m.

General Description

One of six divisions within the Department of Health and Human Services, the Division of Mental Health and Substance Use Services (MHSUS) provides and oversees a range of mental health and substance use programs for children, adults, and older adults. The Division is administered by the Director of Mental Health and Substance Use Services who reports to the Director of the Department of Health and Human Services. The Board of Supervisors appoints community volunteers to a Mental Health Board and a separate Alcohol and Drug Advisory Board. Both boards discuss policies and priorities and advise on client needs; the Mental Health Board is also required to approve certain public planning processes.

Mental health and substance use services are provided in California with a variety of funds including those appropriated under the Bronzan-McCorquodale Act; Medi-Cal (state/federal) funds; federal and state grants, funds appropriated under the 2011 Realignment Plan; Substance Abuse Prevention and Treatment Block Grant funds; Mental Health Services Act funds; and County general funds.

Each county is charged with the responsibility of developing and coordinating a comprehensive system of programs to meet its residents' mental health and substance use needs. These programs address the problems of acute and chronic mental disorders, of life crises, and other disabilities that occur concurrently with mental health and substance use issues. Services may be provided directly by County staff or purchased from private practitioners or service agencies.

All residents of Marin County may be eligible for services. Generally, fees are assessed on a sliding scale, based on the client's income, family dependents, etc., and may range from zero to full charge. Funding limitations have focused services to clients who are low income.

Clients may enter the MHSUS service system through any of the Division's units and receive integrated mental health or substance use services or referrals that are appropriate to their specific needs. As a division of the county's integrated health and human service system, all MHSUS units maintain close contact and coordinate activities with other programs of the Department of Health and Human Services, as well as with community-based agencies and services. This helps to maintain and improve integration of MHSUS services with all other services needed by clients.

II. ADMINISTRATIVE AND FISCAL SERVICES

Centralized administrative and fiscal services are provided by the HHS Division of Administration. However, some services are specific to the MHSUS Division and provided under the leadership of Assistant Chief Fiscal Officers and the Division's Operations and Facilities Manager and Alcohol & Drug Administrator.

Fiscal Services

MHSUS Financial Services are under the direction of two Assistant Chief Fiscal Officers (CFO) H&HS – Mental Health and Substance Use Services who provides overall direction for all fiscal and related administrative services. The Assistant CFOs report to the CFO of Health & Human Services.

Fiscal services include fiscal services, maintenance of systems and procedures to comply with reporting requirements of multiple funding sources, contract management, system-wide data collection management, and accounting operations.

Quality Improvement

The Quality Manager, who reports to the Mental Health and Substance Use Director, is responsible for ensuring that MHSUS fulfills all state and federal requirements regarding quality of care, including but not limited to: DHCS contract compliance, provider credentialing, site certifications, utilization management, monitoring and maintaining quality of care and clinical documentation standards. The Quality Manager chairs the Quality Improvement Committee. The Quality Improvement Coordinator reports to the Quality Improvement Manager and is responsible for the day to day implementation of the Quality Management Plan.

Other Administrative Services

The Division's remaining administrative services are provided by the MHSUS Operations and Facilities Manager and Alcohol & Drug Administrator. These include supervision of clinical administrative staff in all Division locations; oversight of Division compliance efforts; management of all Division-specific facilities issues including Capital Improvement projects; oversight of MHSUS Medical records, medication clinic locations, administrative and fiscal management of Full Service Partnerships in the Adult System of Care, as well as other administrative management functions in the Division.

Substance use related administrative services also include responsibility for ensuring Contractor's compliance in accordance with applicable Federal, State and local laws, statutes, rules, regulations, guidelines and ordinances. Both informal and formal monitoring of contract objectives and use of funds are performed as well as technical assistance in program planning and implementation and evaluation.

Administrative Services - Contract Providers

Community Action Marin - Contract provides for the Patients' Rights Advocate services to protect the rights of all local psychiatric clients under involuntary treatment status.

All other contracts listed in the following clinical services section are under the joint oversight responsibility of three Mental Health Program Managers and three alcohol and drug program management staff, most of who report directly to the Mental Health and Substance Use Director.

III. MENTAL HEALTH ACCESS AND ASSESSMENT TEAM

Access and Assessment Team

The 24/7 phone line is: 1-888-818-1115.

The Access and Assessment Team is a centralized team that provides 24/7 information, screenings and referrals by phone as well as face to face assessments during business hours for adults and children who are Marin County Medi-Cal beneficiaries. Callers requesting mental health services may be referred to seek services from outside entities depending on the nature and severity of the mental health impairment of the beneficiary. The Access and Assessment Team provides referrals and authorizations for Specialty Mental Health Services that may be provided by county programs and/or a network of organizational and individual providers.

Acute/Sub acute Contract Providers

Alta Bates/Herrick Hospital - Located in Berkeley, provides short-term, acute psychiatric hospital care for adults, children, and adolescents with specialties in dual diagnosis and older adults.

St Helena Behavioral Health Services - A short term acute psychiatric hospital care for children and adolescents. Children and adolescents are treated in Vallejo. Adults and older adults are treated in St. Helena.

John Muir/Mt Diablo Health System - Located in Concord, short term acute psychiatric hospital care for adults, children and adolescents.

Marin General Hospital, Unit A - Provides local short-term, acute psychiatric hospital care for adults and older adults; conveniently located in Greenbrae.

St. Mary's Hospital – Located in San Francisco, provides short-term acute hospital care for children and adolescents.

IV. SUBSTANCE USE ASSESSMENT AND REFERRAL SERVICES

Recovery Connections Center
(Bay Area Community Resources)

Telephone: 415-755-2345
Address: 3240 Kerner Blvd., San Rafael

The Recovery Connections Center is a centralized assessment and care management program that offers comprehensive co-occurring screening and assessment services using the Global Appraisal and Index of Needs (GAIN) instruments. Assessments are provided by licensed staff with expertise in substance use disorders. Other services offered include pre-treatment groups, referral and linkage with treatment and ancillary services, substance use consultation, and continuing care management and telephone support services.

V. ADULT – OLDER ADULT SERVICES

Adult Continuing Care & Case Management

Intake Telephone: 415-473-2767

Address: 3270 Kerner Blvd. Second Floor, Ste. B, San Rafael, CA 94901

ACM provides case management for adults who have a serious mental illness, coordinating their treatment and aftercare programs in the community.

This unit provides and connects its clients to a continuum of services. Some of these services provide residential care in addition to a range of specific treatment interventions, as well as support services for clients who live independently.

This unit manages State Hospital admissions and Institutes for Mental Disease (IMD) placements. This unit also manages all contracted mental health community placements for MHSUS adult and older adult clients.

Adult Continuing Care -- Contract Providers

All Saints - Beds in a licensed board and care, providing quality services for adult clients who have mental illness in a licensed Adult Residential Care facility.

Saint Michael's Extended Care – Beds in a licensed board and care home; also licensed as a Residential Care Home for Elderly (RCFE). Serves adults with mental illness, those with co-occurring physical illness, persons with dementia, and provides hospice services.

Saint Anne's – Dually licensed Adult Residential Care and Assisted Living Facility for the Elderly providing beds and quality board and care for adult clients age 60 and older, with mental illness and/or dementia.

Golden Home Extended Care – Licensed Adult Residential Care providing beds and quality board and care for adult clients who have mental illness.

Buckelew Programs

Marin Assisted Independent Living (MAIL) - Assists clients who have serious mental illness to form households and obtain rental housing. Serving 160 clients annually, MAIL provides on-going clinical support and independent living training to the household units at clients' residences.

Residential Support Services (Avanti RSS, D Street RSS, Novato RSS, Draper House RSS) - 41 beds in 4 locations providing quality board and care. The emphasis is on providing 24 hour, 7 day per week services in a home like setting with activities designed for enrichment.

Buckelew Employment Services – Provides comprehensive vocational services including pre-employment counseling, vocational training, job development, placement, job coaching, a computer lab and classes for support and skill development to assist clients not enrolled in the State Department of Rehabilitation to secure and maintain employment. Serve up to 30 clients at any given time.

Canyon Manor – Beds in a mental health rehabilitation facility providing an enriched psychiatric treatment program for adults and older adults, located in Novato.

Community Action Marin - Client run drop-in center, warm phone line, peer companion program, trains and supervises peer providers, and provides outreach and engagement services. Staff and operates the CARE Team providing outreach and pre-crisis support homeless adults who have mental illness. Places trained peer case managers on several service teams through the ASOC, including Adult Case Management, and the Odyssey and STAR Programs. Also provides family support and education services through Adult Family Partners who works with families throughout the adult and older adult system.

Country Villa Merced Behavioral Health Center – Beds in IMD/skilled nursing facilities for adults, located in Merced.

Creekwood Senior Home - Beds in an enriched board and care for adult clients, age 60 and older, who have mental illness.

Creekside Mental Health Rehabilitation Program, Nadhan, Inc. - 19 dedicated beds in a skilled nursing facility providing an enriched psychiatric treatment program for adults; located in Santa Rosa.

Crestwood Manor – Offers beds in IMD/skilled nursing facilities for adults at various locations.

Davis Guest Home – Providing beds in an enriched board and care facility for adults with serious mental illness located in Modesto.

Homeward Bound

Carmel Hotel - Offers 26 rooms in a local hotel for semi-independent living adults with mental illness formerly homeless/at-risk of homelessness. Located in San Rafael, provides permanent, affordable supported housing.

Voyager - An eight-bed temporary housing program for adults with mental illness who are homeless or at-risk of homelessness allowing a length of stay up to 4 months.

Integrated Community Services – Provides comprehensive vocational services including pre-employment counseling, vocational training, job development and placement. Offers job coaching, and independent living skills training to clients of the adult and older adult system.

Marin Housing Authority - Support for Shelter Plus Care program provides rental subsidy and case management support for up to 110 adults with mental illness who are homeless, many of whom are also enrolled in the Odyssey Program.

Medical Hill Rehabilitation Center – Supplies beds in a skilled nursing facility for neurologically impaired adults; located in Oakland.

Parfitt Rest Home – Provides beds in a licensed board and care, supplying quality board and care for adult clients, age 60 and older, who have mental illness.

Providence Place – Enriched board and care for adults with serious mental illness and dementia; located in San Francisco.

Willow Glenn Care Center – Enriched board and care for adults with serious mental illness; located in Yuba City.

Family Support Meetings

Telephone: 415-473-6805
Address: 250 Bon Air Road, Greenbrae, CA 94904

Offered every Thursday evening from 7-8:30 PM, these no-fee drop-in meetings are open to families and friends of adults living with a serious mental illness. Staffed by MHSUS mental health staff, the meetings offer on-going support, education, coping/problem-solving strategies and information about local resources.

Alliance In Recovery (AIR) Program

Telephone: 415-473-2100
Address: 3270 Kerner Blvd. Second Floor, Ste. B, San Rafael, CA 94901

The Alliance In Recovery (AIR) program is a collaborative effort with Mental Health and Substance Use Services and Center Point, Inc. to engage and treat individuals with co-occurring mental illness and substance use disorders. The AIR Program has the capacity to serve up to 20 individuals with co-occurring disorders and is designed specifically to outreach to and engage individuals who have struggled in the current models of service delivery. AIR is guided by a unique client-centered approach comprised of evidenced-based practices that empowers the individual to reach their goals in recovery. Services include case management, individual and group counseling, psychiatric and medical treatment, employment support services, and developing independent living and life skills. The program believes that imperative to recovery is providing an environment where people can feel normal, excited and inspired; and supported by a community where one feels safe, connected and a sense of belonging.

Odyssey Team - Homeless Outreach Program

Telephone: 415-473-3240
Address: 250 Bon Air Road, Greenbrae, CA 94904

The Odyssey Team provides a comprehensive, integrated continuum of services to individuals who are seriously and persistently mentally ill and who are homeless. All services are guided by the principles of recovery and consumer empowerment. Odyssey currently has the capacity to serve 60 clients. Odyssey's multidisciplinary staff works within a strength-based model, confident that program participants are most successful when they set their own goals and actively engage in their mental health recovery. Services (including outreach, case management, psychiatric and medical treatment, employment support services, and supportive housing services) are designed to reduce symptoms that impair clients' ability to live independently, work, maintain community supports, care for their children, remain healthy, and avoid psychiatric hospitalizations and crime. The program's goal is to help enrollees achieve their highest level of wellness and independence within the community.

WIN - Work Independence Network, An Employment Cooperative

Telephone: 415-473-3304 (Mental Health Liaison)
Telephone: 415-456-9350 (Buckelew Employment Services)

WIN is an employment program that offers support services, including job development and job coaching services, to adults with severe and chronic mental illness to assist them in overcoming challenges to employment. Up to 40 eligible enrollees can be enrolled into WIN at any given time. Based on a wellness and recovery focus, WIN integrates services provided by a Mental Health Liaison from Mental Health and Substance Use Services, Employment Specialists from Buckelew Employment Services, and a California Department of Rehabilitation Counselor. Funding is provided by a collaborative contract between the California Department of Rehabilitation and Marin County Health & Human Services.

WIN's multidisciplinary team recognizes that employment success happens when an enrollee is actively engaged in mental health recovery. WIN's goal is to support enrollees through the employment process -- identifying ways clients can achieve levels of wellness and independence that help them reach their employment goals.

Southern Marin Services (SMS)

Telephone: 415-332-3129
Address: 3000 Bridgeway, Sausalito, CA 94965

SMS is a community based MHSA-funded program of Family Service Agency of Marin and Bay Area Community Resources, which provides comprehensive, culturally competent and community-driven mental health outpatient services for people in southern Marin. The program is staffed by a diverse, multi-cultural team that includes licensed and pre-licensed mental health practitioners, psychiatrist, school-based therapist, family advocate, and volunteers. SMS is strength-based, focusing on the 'whole' needs of individuals and families, and is working to fully integrate Wellness and Recovery principles. Family Service Agency, as lead agency, has also partnered with Community Action Marin to place a Peer Aide as part of

the SMS team. The SMS program provides a continuum of mental health services spanning the life cycle from pregnancy through old age, and targets individuals with serious emotional disorders and serious mental illnesses, and their families, as well as Medi-Cal eligible children and adults. Staff work from the SMS Sausalito office, as well as being out stationed on school sites and other community settings, and conduct home visiting as needed. The goal of the program is to improve the health, self-sufficiency and productivity of children, adults and families, increasing accessibility of services in southern Marin.

HOPE Program and Senior Peer Counseling

HOPE Program Telephone: 415-473-4306
Senior Peer Counseling Telephone: 415-473-6802
Address: 10 N. San Pedro Road, Ste.1020,
San Rafael, CA 94903

The HOPE Program is a Mental Health Services Act funded program that provides intensive case management for people 60 and older who are suffering from mental illness. The HOPE Program team uses a multi-disciplinary approach and is comprised of mental health practitioners, nurse practitioners, a public guardian and a psychiatrist. Services include comprehensive assessment, mental health, housing, medication and physical health services and/or coordination.

Senior Peer Counseling serves individuals over the age of 60 who are experiencing emotional distress and can benefit from a little extra support in their lives. Support is provided where the clients reside by trained volunteers who receive weekly supervision from a licensed MFT and/or Registered Nurse. Decreasing isolation, issues of aging, grief and depression are common issues addressed in Senior Peer Counseling.

Support & Treatment After Release (STAR) Program

Telephone: 415-473-2725
Address: 250 Bon Air Road, Greenbrae, CA 94904
E-mail: ZDikman@marincounty.org

The Support & Treatment After Release program is an innovative local collaborative between Mental Health and Substance Use Services, Marin County Superior Court, the District Attorney, the Public Defender, Marin County Probation, and community agencies.

The STAR Program serves mental health consumers that have been sentenced to probation, usually for minor crimes, often the result of behaviors related to the symptoms of their illnesses. The STAR Program serves up to 60 mentally ill consumers with a community-based interdisciplinary team made up of mental health professionals, probation officers, medical staff, a family partner, peer providers, mental health liaison officers from local law enforcement agencies, as well as life skills, educational, and vocational specialists.

STAR services include assertive mental health treatment, supervised probation, medication services, dual-diagnosis treatment, financial management, housing and employment advocacy, and general support. The goal of the program is to provide coordinated,

intensive services to assist consumers in obtaining treatment, locating housing and employment, engaging in pro-social behavior, and staying out of jail. The Marin County program is a first of its kind, combining court staff directly with treatment staff to collaboratively assist some of the most impaired and challenged persons away from repeated criminal justice involvement and into supportive care.

Adult Medication Clinic

Telephone: 415-473-6835

Clients' need for psychiatric medications and the lack of willing providers in the private sector has created a remarkable growth in the MHSUS Adult Medication Clinic over the last few years. Under direction of the MHSUS Medical Director, 4.5 full time psychiatrists and 5 mental health nurse practitioners provide assessments, prescriptions, and on-going medication support to approximately 1000 individuals.

Adult Outpatient Therapy

Provided primarily by masters and Ph.D. level interns working under supervision of licensed MHSUS clinicians, this clinic provides brief psychotherapy for clients with Medi-Cal or no insurance. Fees for the uninsured are based on the client's ability to pay.

Adult Outpatient Substance Use Treatment

Provided by contracted community-based agencies, outpatient substance use services are designed to address the treatment needs of individuals, and typically include individualized treatment planning, education and counseling groups, individual counseling sessions, and linkage with ancillary and recovery support services.

Center Point, Inc. Telephone: 415-456-6655

- ***Intensive Outpatient Treatment Program for the General Population:*** This program has the capacity to serve approximately 340 individuals annually and generally consists of 12 weeks of intensive outpatient treatment and 12 weeks of continuing care.
- ***Intensive Outpatient Treatment Program for Women and Women with Children:*** This program provides gender-specific services and has the capacity to serve a total of approximately 30 women and women with children annually and generally consists of 12 weeks of intensive outpatient treatment and 12 weeks of continuing care.
- ***Intensive Outpatient Services for the Safety Net Population (Homeless or at risk of Homelessness):*** This program has the capacity to serve approximately 340 individuals annually and generally consists of 12 weeks of intensive outpatient treatment and 12
- weeks of continuing care. Shelter and transitional housing are available at Mill Street and New Beginnings Center, respectively, while actively participating in treatment services.

- **Intensive Outpatient Treatment Program for Criminal Justice Referrals:** This program has the capacity to serve approximately 15 SB 678 and other Probation-referred individuals and generally consists of 12 weeks of intensive outpatient treatment and 12 weeks of continuing care.

Marin Treatment Center Telephone: 415-457-3755
Address: 1466 Lincoln Avenue, San Rafael

- **Outpatient Drug Free Counseling:** Marin Treatment Center provides individual and group counseling services to participants with co-occurring substance use and mental health disorders in the STAR and ODYSSEY Programs.

Adult Residential Substance Use Treatment Services

Center Point, Inc. Telephone: 415-456-6655

- Center Point offers three to six month residential treatment programs for Men (6 beds), Women (4 beds), Women with Children up to five years of age or younger (13 beds), and SB 678 and other Probation-referred individuals (6 beds). Center Point uses a Therapeutic Community model which seeks to restore the dignity, values and self-esteem of each client, helping them to realize their own potential. The focus of treatment is to provide services that help reintegrate the individuals into the community life with the necessary coping mechanism to sustain recovery. The first phase of residential program utilizes an intensive, psycho-educational treatment approach, followed by a second phase focused on the development of vocational and community reintegration skills.

Adult Medication Assisted Therapy (Narcotic Replacement Treatment)

Marin Treatment Center Telephone: 415-457-3755
Address: 1466 Lincoln Avenue, San Rafael

- **Methadone Maintenance:** Narcotic replacement treatment services are a long-term treatment for opiate addiction, and include methadone, treatment planning, individual counseling, and random monthly urinalysis.
- **Other Medication Assisted Therapies:** Contact Marin Treatment Center for an evaluation and consultation for other medication assisted treatments.

Adult Residential Detoxification Services

Helen Vine Recovery Center (Buckelew Programs)

Telephone: 415-492-0818

Address: 301 Smith Ranch Road, San Rafael

The Helen Vine Recovery Center is a non-medical detoxification program where adults under the influence of drugs and/or alcohol can safely withdraw from the ill effects of intoxication. The Helen Vine Recovery Center is staffed by trained personnel specializing in alcohol and drug detoxification, relapse prevention, assessment and referral, and teaching skills of daily living. The typical length of stay is 3-5 days and the Division of Mental Health and Substance Use Services is subsidizing 14 beds, two (2) of which are dedicated for law enforcement, emergency room and psychiatric emergency service referrals.

Access to Care Program

The Adult Medication Clinic provides psychiatric medications to some clients who are uninsured. MHSUS works with the pharmaceutical companies to obtain medications at no cost to the client when possible. Each company has its own criteria for admission to their program. MHSUS works with over 20 pharmaceutical companies. The program can only provide this service to MHSUS clients. MHSUS currently provides this service to approximately 175 clients.

Marin County Jail Mental Health Team

Telephone: 415-473-6648

The Jail Mental Health Team provides consultation, evaluation, treatment discharge planning, and placement services for mentally disordered offenders at the County Jail. The goal of the jail mental health service is to provide seamless psychiatric care for clients who are involved with mental health and substance use services and private providers during a jail stay.

Court ordered evaluations are performed in the County Jail. Crisis intervention in the jail includes transfer of the inmate to a treatment facility in Santa Clara County when Section 5150 of the Welfare and Institutions Code is applicable.

In addition, the Team provides referrals, evaluations and other consultations to the jail staff, as well as to the courts, District Attorney and Public Defender's Office. MHSUS staff participates in pre-trial conferences and provide clinical input to the court as requested.

Marin County Jail Substance Use Services

Bay Area Community Resources

Telephone: 415-507-4137

Bay Area Community Resources provides screening, engagement and group counseling services to inmates in the Marin County Jail. *Thinking for a Change*, is offered in Pods A, B, C and F on a continuous basis, and has the capacity to serve up to approximately 150 individuals annually. *Thinking for a Change* is a cognitive behavioral therapeutic curriculum designed to facilitate behavior change through addressing the underlying thought processes that precede behavior. In addition, an evidence-based program titled *Seeking Safety* is also offered in the female Pod and several male Pods.

Adult Drug Court Program

Telephone: 415-473-6403

The Marin County Adult Drug Court Program, which was established in 2002, is a collaborative between the Division of Mental Health and Substance Use Services, Marin County Superior Court, the District Attorney, the Public Defender, Marin County Probation, and community agencies. In 2012, the Family Violence Court was integrated with the Adult Drug Court Program. The program currently has the capacity to serve 540 individuals per year. Center Point Inc. is the primary treatment setting for the Adult Drug Court through its Intensive Outpatient and Residential Programs which addresses the full scope of substance abuse treatment, case management, and drug testing needs for the clients. Dr. Teena Scovis provides the initial assessment of each new client using the Global Appraisal of Individual Needs (GAIN) screens, and completes treatment planning for co-occurring substance abuse and mental health disorders.

Adult Drug Courts are an *Evidence Based Practice* with over twenty years of research demonstrating their effectiveness in working with criminal defendants who have a substance use disorder. Under the model of the *Ten Key Components of Adult Drug Courts*, eligible drug-addicted clients may be sent to Drug Court in lieu of traditional justice system case processing.

Additional Services for Justice-Involved Adults

Telephone: 415-473-6403

- **Recovery Coach/Care Manager:** The Division of Mental Health and Substance Use Services contracts with 3.1 FTE Recovery Coaches, who are available to Adult Drug Court participants, as well as to AB 109, SB 678 and other Probation-referred clients. Recovery Coaches/Care Managers are based on the Evidence Based Practice of *Peer-to-Peer Recovery Support Services*. The purpose of the Recovery Oriented Coach/Care Manager is to: 1) help individuals involved in the criminal justice system gain access to needed resources, services, or supports that will help them achieve recovery from their substance use disorder and other co-occurring issues; 2) identify, evaluate, inventory and collaborate with public and private community agencies to assist criminal justice clients with referrals and linkages to these

services; and 3) Ensure that clients are supported through the criminal justice process in order to: Increase the likelihood of retention in co-occurring treatment and long-term success.

- **Sober Living:** Marin Services for Men Telephone: 415-485-6736
Address: 1005 A Street, Suite 209, San Rafael

Marin Services for Men provides Sober Living Environment (SLE) services to eligible clients in the community including AB 109 affiliates, probationers, drug court and private pay referrals. SLE's are safe, clean, sober, residential environments that promote individual recovery through positive peer group interactions among house members and staff. Sober living housing is affordable, alcohol and drug free and allows the house members or residents to continue to develop their individual recovery plans and to become self-supporting. As part of their aftercare program MSM offers an intensive outpatient therapy program, in addition to co-ed outpatient therapy based on recovery need. In doing so, the SLE must co-exist in a respectful, lawful, non-threatening manner within residential communities in Marin County.

- **Thinking for a Change:** Similar to the in-custody program, *Thinking for a Change* is offered in Marin City, San Rafael and Novato. *Thinking for a Change* is a cognitive behavioral therapeutic curriculum designed to facilitate behavior change through addressing the underlying thought processes that precede behavior. It is recognized as an evidence-based practice for reducing criminal behavior and substance use, and is designed and will be offered in two group sessions per week for a period of 14-18 weeks.

VI. Psychiatric Emergency Services (PES) and the Crisis Continuum of Care

Telephone: 415-473-6666 (crisis)
Address: 250 Bon Air Road, Greenbrae, CA 94904

Marin County Psychiatric Emergency Services serves children, teenagers, young adults, adults, and older adults, regardless of financial status or whether or not they are insured.

PES services are available 24 hours a day, 7 days per week. Length of stay is limited to less than 24 hours.

Psychiatric Emergency Services...

- Provides psychiatric assessments, referrals, recommendations and consultation on behalf of individuals who arrive on an involuntary basis (Pursuant: California Welfare and Institutions Code 5150), and for those who come to PES voluntarily. Typically clients are experiencing a mental or emotional crisis; in that they may be deemed a danger to themselves or to others, or they may appear incapable of caring for their basic needs.

- Provides crisis stabilization; i.e., individualized interventions directed toward resolution of the presenting, psychiatric episode.
- Provides evaluations of clients for whom inpatient psychiatric hospitalization appears indicated. Admissions for inpatient, psychiatric hospitalization are arranged as necessary.
- Provides referrals to other county and community-based agencies and services.

Referrals to PES are received from families and individuals, from all County of Marin departments, our thirteen, local law enforcement agencies, community health providers and agencies, and from facilities and agencies throughout Northern California.

Mobile Crisis Team

Address: 250 Bon Air Road, Greenbrae, CA 94904

The mobile crisis team will operate 7 days a week from 1-9 p.m. This team is comprised of a licensed mental health practitioner and a peer provider. The team will be able to respond to individuals in the community who present in a crisis; schools; police departments; and family members who are concerned about loved ones. This team will have the capacity to initiate a 5150 if warranted OR to offer crisis intervention, stabilization and linkage to appropriate community based services.

Triage Team

Address: 250 Bon Air Road, Greenbrae, CA 94904

The triage team will be field based Monday through Friday 11a.m. – 7 p.m. One staff will be co-located at the Marin Housing Authority. This team will provide time limited case management and crisis intervention to individuals presenting in crisis which do not meet the criteria for a 5150. In addition, one staff will be dedicated to working with the Homeless Continuum of services to support individuals living in transitional living environments. One of the team members will be a dedicated family partner working with youth and their families. One of the staff members will have as their focus working with individuals struggling with co-occurring mental health and substance use challenges.

Casa Rene (Crisis Residential Unit)

Telephone: 415-473-6666

Casa Rene is a 10 bed Crisis Residential Unit located in Marin County. This unit serves to divert individuals from locked psychiatric units to a lower level of care in the community with a recovery and wellness focus. This program is operated by Buckelew and referrals all come through Marin County's PES.

VII. YOUTH & FAMILY SERVICES

Address: 3230 Kerner Blvd. San Rafael, CA 94901
Mailing -- P. O. Box 2728, San Rafael, CA 94903
Telephone: 415-473-6724
Hours: 8:30 a.m. - 5:00 p.m.

Youth and Family Services Team

The YFS team located at the Kerner campus provides mental health services to the safety net population of Marin County. The safety net population is 200% of federal poverty level (\$38,000 for a family of three). Our guiding philosophy is that children and youth with emotional disturbances should have access to an integrated and comprehensive array of services that address their physical, emotional, social and educational needs in a coordinated and therapeutic manner. Mental health services are provided to children and youth at our Kerner offices, school sites or in the community as appropriate. Psychiatric emergency mental health services are available at the local Psychiatric Emergency Services (PES) adjacent to Marin General Hospital.

Prior to FY 2012-13 county mental health staff provided mental health services for special education students with emotional disturbance under the state mandate known as AB3632, regardless of the financial resources of the family. This mandate to provide mental health services as appropriate, to special education students, became the school's responsibility starting July 1, 2012, so the county now has the opportunity to focus on those children and families with mental health issues with the least resources. Referrals for mental health services for these children come from parent referral, Social Services, schools, and the probation system. There is no wrong door as long as the child and family are part of our safety net population and meet medical necessity for services.

Currently, MHSUS clinicians and Family Partners (a parent who has had a child in the mental health system) work with children and families at four different school sites in San Rafael and Novato. The Family Partner helps the parent navigate the different systems and environments, giving the parent's perspective voice, supporting communication and shared understanding about their child.

Outpatient Services

Family therapy and/or Group therapy are provided to the youth and the family at school, in our Kerner offices or in the community, depending on the need. The clinical staff usually sees students individually, for a limited number of sessions, as appropriate, determined by the nature of the presenting problem and the evidence based practice to address that problem. Individual sessions are often provided jointly with family therapy and the goal is to help the child move toward full participation in Family Therapy and/or Group therapy as soon as possible. The student's family and peers are important support systems that must be actively engaged so that going forward the student will know how to access and utilize this support. Along with the MHSUS clinicians approximately 6 - 8 masters and Ph.D. level interns from accredited graduate programs provide Family Therapy, Group Therapy and limited individual sessions under the supervision of licensed YFS clinicians every year.

“Wraparound” Services

Services provided to a youth who has multiple needs that cannot be adequately addressed by weekly outpatient services. A typical wraparound team consists of a facilitator, a clinician, and a Family Partner (a parent who has had a child in the mental health system) who work intensively with the youth and family to identify needs, to access natural resources and to support the student at school and in their home and community. These services can be therapy, case management, facilitated family meetings, mentoring, help in accessing alcohol/drug services and health services, whatever it takes to address the needs of the youth successfully. Wraparound services are also utilized to assist youth and their families in transition after a crises or hospitalization.

Parenting Classes

Classes offered in 10-week series in the fall and spring, co-led by a clinician and Family Partner. There are separate groups for children up to age twelve and another for teenagers. These parenting classes are offered in both Spanish and English. Family Partners provide outreach in the community and are an essential bridge to parents dealing with the challenges of raising a family.

Early Childhood Mental Health

An extensive program providing consultation to multiple child care centers in the county in partnership with Jewish Family Children’s Services. The consultants work with directors and staff at the child care centers to address the challenges of working with small children with behavioral and emotional difficulties. These consultants make referrals as appropriate to agencies for further assessment and services. One of our MHSUS clinicians is one of a network of clinicians who provide this consultation on a part time basis.

Katie A. Implementation

Katie A is a case that was brought on behalf of a young girl who experienced multiple placements and inadequate mental health services while in the foster care system. The state of California agreed to a settlement agreement which was to take the necessary steps to transform the way children in foster care, or who are at risk of higher level placement, receive timely access to quality mental health services. The approach is to foster collaboration between the Child Welfare System (CWS) and Children’s Mental Health (CMH) and the community. Our collaboration began in the summer of 2013 and there are now procedures in place for all open child welfare cases with full scope Medi-Cal to be screened and referred as appropriate to Children’s Mental Health.

For those children who meet the criteria for the Katie A subclass CMH staff and CWS staff meet with the family and form the Child Family Team (CFT) where they discuss possible/recommended services, such as EPSDT services, TBS, Therapeutic Foster care and Wraparound with the family. The CFT follows the Core Practice Model (CPM) which supports the voice of the child and family in a culturally appropriate way while meeting the mental health needs of the child. Monitoring and adapting services is a shared responsibility of the CFT and is an ongoing part of every CFT meeting as is on-going ‘need to know’

communication between the CFT and family. Monitoring includes reassessment of the child as appropriate, and the goals, interventions and services to assure progress is made toward the CFT established goals.

Children's Mental Health and CWS staff meets regularly along with a Training Specialist from the Bay Area Academy which provides the Katie A learning collaborative for counties. The first of a community stakeholder meeting was held in Feb and the second in August 2014. Input from the stakeholders are addressed and incorporated as appropriate. Staff from both systems has been sent for training on 'teaming' and on 'facilitation'. This collaboration has built on a long standing cooperative relationship between CWS and Children's Mental Health. In this first year there were 25 children certified as Katie A subclass members who received Katie A intensive case coordination and other services as appropriate.

Access: Medi-Cal for children: Early Periodic Screening, Diagnostic and Treatment (EPSDT)

Telephone 473-3068

This team provides assessments and referrals for children and adolescents who are full-scope Medi-Cal eligible and are in need of mental health services. Children and youth with Medi-Cal are assessed by the Access staff and are then referred through Beacon Strategies to Medi-Cal providers in the community if they meet Medi-Cal necessity. Those children and youth with more serious functional impairment who need specialty mental health services are seen by the Youth & Family Services team.

The network of MMHP providers offers an array of necessary services. Psychiatric medication services are provided at our clinic at Kerner Boulevard.

Youth Empowerment Services (YES) formerly known as the Children's System of Care (CSOC)

The YES program is comprised of clinicians and Family partners who work exclusively with those youth involved with Juvenile Probation and/or are attending County Community School, an alternative high school. This program offers intensive case management, wraparound services and flexible therapeutic approaches to complex family challenges for those youth. The YES program provides a vital linkage to mental health services for these youth.

Some of the strengths of YES services include the ability to take services to where the clients and their families are located in the home and community, as well as the capacity to serve clients who do not readily access mental health services and often end up in the juvenile justice system for behavioral problems. YES providers also focus on the systems involved with clients and their families, helping clients to link different systems and access available community resources. Three of the four YES providers are bilingual Spanish speaking, since up to 50% of YES clients are from monolingual Spanish families in the community.

The YES program has worked alongside the juvenile probation unit for approximately 10 years, and is considered a vital resource in helping to maintain youth in the community.

Family Partnership Program

A key component of both the YES and the YFS mental health services is the Family Partnership Program, contracted through Community Action Marin (CAM). This program employs 5 parents as Family Partners whose children have received mental health services and therefore they know how to navigate the system as well as provide a parent's perspective and enhance communication between the family and the mental health professionals. The Director of the Family Partnership Program directly participates in developing policies, programs and services. Family Partners on the YFS team provide the following direct services:

- Co-lead with a clinician positive parenting classes – 2 in English and 2 in Spanish for children up to 12 and one for teenagers.
- A monthly parent support group
- Individualized support for the family

The Program Director for this program participates in the management team of the Mental Health and Substance Use Services Youth and Family Services.

Transition Age Youth (TAY) Program

Phone: 415-473-2167

The Transition-Age Youth (TAY) program is provided by Buckelew Programs and provides services to young men and women, ages 16-25, who are struggling with mental health challenges. The TAY is a Full-Service Partnership program, meaning that staff provides a complete range of services using a “whatever it takes” approach for up to 20 young people at any given time. The program uses a Strength-Based model, and integrates Wellness and Recovery principles. The program supports Transition-Age Youth to become the architects of their own futures and to live meaningful lives in a community of their choice.

The TAY Program provides job coaching, independent living skills, housing supports and comprehensive culturally appropriate integrated mental health and substance use services. A multi-disciplinary team provides assessment, individualized treatment plans and linkages to needed supports and services; as well as coordinated individual and group therapy and psychiatric services for TAY participants with the goal of providing treatment, skills and the level of self-sufficiency necessary to TAY to manage their illness and accomplish their goals, avoiding deep end services, incarceration and homelessness.

The TAY Program Office is located at: 980 Lincoln Ave., Suite 250 in downtown San Rafael.

Adolescent Substance Use Services

Early Intervention and Treatment Services

Huckleberry Youth Programs

Telephone: 415-258-4944

Address: 361 Third Street, Suite G, San Rafael

Huckleberry Youth Programs provides Screening, Brief Intervention and Referral (SBIRT) services through the San Rafael Teen Tuesday Clinic and the Novato Teen Monday Clinic. Huckleberry Youth Programs also offers outpatient individual and group counseling services to adolescents (12-21 years of age) with substance use or co-occurring substance use and mental health issues. Services are provided by a certified alcohol and drug counselor, and the program has the capacity to provide outpatient treatment services to 70 young people per year.

Juvenile Drug Court Program

Telephone: 415-473-6403

The Marin County Juvenile Drug Court Program is a collaborative between the Division of Mental Health and Substance Use Services, Marin County Superior Court, the District Attorney, the Public Defender, Marin County Probation, and Bay Area Community Resources. Family Behavioral Therapy, group counseling and Thinking for a Change services are offered to program participants.

Substance Use Services: Probation Referred Adolescents

Bay Area Community Resources

Telephone: 415-755-2319

The Family Connections program provides intensive outpatient treatment services for substance-abusing adolescents who are on or at-risk for being on Juvenile Probation. The Family Connections therapists are certified to deliver individual, group and family counselling to the youth and their parents/guardians.

VIII. PREVENTION AND EARLY INTERVENTION PROGRAMS

Early Childhood Mental Health Consultation

Provider: Jewish Family and Children's Services

Address: 600 Fifth Ave, San Rafael CA 94901

Telephone: **415-491-7960**

ECMH Consultation provides training and consultation to approximately 20 child-care centers in the county. The consultants work with child-care directors and staff to increase their ability to identify and respond to the children's behavioral and emotional difficulties. They also provide assessment, action planning and referrals for families as needed. One MHSUS clinician is one of a network of clinicians who provide this consultation on a part time basis.

Triple P (Positive Parenting Program) Marin

Provider: Jewish Family and Children’s Services
Address: 600 Fifth Ave, San Rafael CA 94901
Telephone: **415-491-7960**

Triple P is an evidence-based program for improving parenting skills and outcomes for children. This program provides training and technical assistance to community and county providers - including clinical mental health providers, family partners/advocates, primary care providers, and school staff - in the implementation of Triple P.

School Age Prevention and Early Intervention

Provider: Various/TBD

Services will be provided by community-based organizations in collaboration with K-8 schools. Activities include school staff training, identification and referral of students, and prevention and early intervention services.

Transition Age Youth Prevention and Early Intervention

Provider:	Huckleberry Youth Programs	Novato Youth Center
Address:	361 Third St, Suite G San Rafael, CA 94901	680 Wilson Ave Novato CA 94947
Telephone:	415-258-4944	415-892-1643

TAY PEI provides screening and brief intervention for behavioral health concerns in teen clinics, psycho-education for TAY, and community members, which often include parents and providers of TAY. In addition, individual and group services are provided in high schools for at-risk TAY, such as students who have recently immigrated to the US or at risk for dropping out of traditional school settings.

Integrated Behavioral Health in Primary Care

Provider: Various/TBD

IBH in Primary Care supports the provision of behavioral health screening and early intervention for uninsured clients in Federally Qualified Health Centers.

Older Adult Prevention and Early Intervention

Provider: Jewish Family and Children’s Services
Address: 600 Fifth Ave, San Rafael CA 94901
Telephone: **415-491-7960**

Older Adult PEI provides screening and brief intervention for individuals (60+) experiencing symptoms of depression, anxiety and/or trauma. Interventions include evidence-based methods, such as CBT and Healthy Ideas, are home or office based, and provide linkages to additional services as needed. Education is also provided to community providers and members regarding identifying and responding to behavioral health symptoms in older adults.

Latino Community Connection

Provider: Canal Alliance
Address: 91 Larkspur St, San Rafael, CA 94901
Telephone: 415-454-2640

Latino Community Connection provides mental health outreach, engagement, and prevention services for Latino communities throughout the County. Outreach, engagement and referrals are provided through trained Promotores in Central, North and West Marin. Canal Alliance provides support groups for Spanish Speaking individuals with trauma symptoms and individual/family skill building and problem solving sessions for a wide range of behavioral health issues.

Provider: KBBF 89.1 FM
Address: CuerpoCorazonComunidad.org

“Cuerpo, Corazon, Comunidad” is a weekly radio show on a Spanish language station addressing health issues, including mental health and substance use. An MHSUS clinician hosts the show.

Vietnamese Community Connection

Provider: Community Action Marin – Marin Asian Advocacy Program
Address: 30 N San Pedro Road, Suite 290, San Rafael, CA 94903
Telephone: 415-491-9677

Vietnamese Community Connection provides mental health outreach, engagement, and prevention services for the Vietnamese community. Outreach, engagement and referral is provided through trained Community Health Advocates. A mental health provider facilitates support groups and conducts home and community based visits for individuals/families to provide assessments, psycho-education, and linkages to additional services as needed.

Veteran’s Community Connection

Provider: Marin County Veterans Service Office
Address: 10 N San Pedro Road, San Rafael, CA 94903
Telephone: 415-473-6193

Veteran’s Community Connection will provide supportive services for veterans with a mental health treatment plan who are incarcerated, on parole, or on probation to ensure they complete their treatment plan.

Community and Provider Prevention and Early Intervention Training

A variety of training opportunities are provided for providers, consumers, family members and other community members, including Mental Health First Aid, evidence-based practices, stigma and discrimination reduction, suicide prevention, cultural competence and others.

Statewide Prevention and Early Intervention

CalMHSA conducts statewide and regional PEI efforts including Suicide Prevention, Stigma and Discrimination Reduction, and Student Mental Health Initiative. In FY2014-15 Marin County is providing funds to support Family Service Agency's regional suicide prevention hotline and community education program, as well as Marin County Office of Education's regional school-based efforts. CalMHSA will develop a revised plan for FY2015-16.

IX. DISASTER TEAM

Telephone: 415-473-3875 or PES 415-499-6666

One of the mandates of the state of California for each county mental health system is to provide community mental health services as appropriate to people affected by disasters. The County of Marin Mental Health and Substance Use Services has an emergency response capacity with the Disaster Response Team. The Disaster Assistance Coordinator develops and regularly updates the Disaster Response Plan in collaboration with other emergency staff from the county and is directly responsible for the direction and management of the disaster mental health response capability. The Disaster Assistance Coordinator reports to the YFS Program Manager.

The Disaster Team Coordinator is responsible for ensuring clinicians from both adult and children's services have been trained to respond to the psychological needs of disaster victims and first responders. They provide critical incident stress debriefing (CISD) to those involved with traumatic highly stressful events. The local community often calls on these trained staff to provide counseling for small groups in the community when a traumatic event or accident has occurred. The team also provides mutual aid to other counties struggling to respond to large disasters of all kinds.

X. CLINICAL INTERNSHIP PROGRAM

MHSUS offers a clinical internship program for graduate students in psychology, social work, and counseling. The graduate clinical psychology program is accredited by the American Psychological Association. The purpose of the training program is to provide carefully supervised, in depth, clinical experience in a multi-service community mental health system of care. Marin County MHSUS provides both emergency and continuing care to a diverse client population with a wide range of challenging mental health needs. The interns have the opportunity of a 40 week training program or a full year program, either full or part time. Under the direction of a licensed clinical psychologist, the interns are assigned throughout the MHSUS system located at Bon Air, Kerner and West Marin Clinics, in addition to Juvenile Hall. MHSUS currently provides small stipends for interns.

The program is designed to provide the following:

1. Direct experience in clinical work with clients who have acute and chronic mental disorders, specifically those in the safety net population.
2. Supervision and training to develop interns' repertoire of clinical intervention skills to meet case specific needs.
3. Training and practice in assessment, treatment planning, case disposition and collaborative work with affiliated providers in the field.

Multiple opportunities to formulate cases, discuss treatment perspectives and integrate theory and practice.

XI. WEST MARIN SERVICE CENTER

Address: 100 6th Street
Point Reyes Station, California 94956
Mailing – P.O. Box 331, Point Reyes Station, California 94956
Telephone: 415-473-3800
Hours: 8:30 a.m. - 5:00 p.m.

West Marin provides evaluation and referral, crisis intervention, medication management, dual diagnosis (mental illness and substance abuse) treatment, individual and group therapy. Bilingual interns provide counseling for mono-lingual Spanish speaking clients and work closely with Licensed Mental Health professionals located at the clinic.

XII. COMMUNITY ADVISORY GROUP

Address: 20 North San Pedro Road, Suite 2028
San Rafael, CA 94903
Mailing – Same as above
Telephone: 415-473-7363
Hours: 8:30 a.m. - 5:00 p.m.

Mental Health Board

The Mental Health Board (MHB) is a state-mandated advisory group that makes recommendations to the Board of Supervisors and to the Mental Health Director about the local mental health services. The MHB meets the second Tuesday evening each month at 6:30 p.m.

Alcohol and Drug Advisory Board

The Alcohol and Drug Advisory Board (ADAB) makes recommendations to the Board of Supervisors and County Alcohol and Drug Administrator on substance use related issues. The ADAB meets the first Monday evening of each month at 6:00 p.m.